

REGISTRATION OPENS
AUGUST 5

WHAT'S INSIDE?

- 7** COOKIES WITH SANTA
- 9** FALL GOLF EVENTS
- 19** SPORTS CAMPS
- 21** VOLLEYBALL LEAGUE

SYCPARKS.ORG

5 REGISTER
DAYS B4
CLASS BEGINS
BEAT THE CANCELATION BLUES!



**SYCAMORE
PARK DISTRICT
FALL 2024**

CONNECTING SYCAMORE TO WELLNESS, NATURE, & EACH OTHER

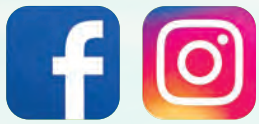


WELCOME!

TO THE SYCAMORE PARK DISTRICT

PHONE 815-895-3365

EMAIL
INFO@SYCPARKS.ORG



DID YOU KNOW?

Illinois has the most special district of any other state. Special districts are separate taxing bodies of local government that are responsible for a more specific responsibility or service than is managed by a county, township, city, or municipal government.

This includes park districts, conservation districts, and forest preserve districts and allows these agencies to focus funds more directly on community needs than those with a wider jurisdiction.

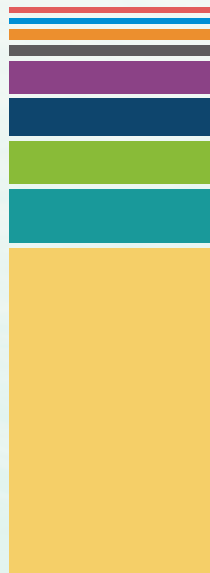
Parks and Recreation Special Districts in DeKalb County

DeKalb County Forest Preserve District	Genoa Park District
DeKalb Park District	Sandwich Park District
	Sycamore Park District

Sycamore Property Tax Breakdown

This graph shows how your 2022 tax bill (paid in 2023) is allocated among the various taxing districts in Sycamore.

- DeKalb County Forest Preserve District 0.7%
- Sycamore Township 1.2%
- Sycamore Library 2.5%
- Sycamore Road & Bridge 2.5%
- CC 523 Kishwaukee 6.4%
- Sycamore Park District 6.8%
- City of Sycamore 7.4%
- DeKalb County 10.2%
- School District 427 62.2%



Community Center

On Legacy Campus, 480 Airport Road

Pathway Fitness, Gymnasium, Indoor Track, Multipurpose Rooms, Registration, Facility Rentals

Building Hours

Mon-Fri 6am-9pm | Sat 8am-6pm | Sun 10am-2pm

Business & Recreation Office Hours

Mon-Fri 8:30am-4:30pm

Closed: Sep. 2, Oct. 27, Nov. 28 & 29, Dec 25, Jan 1

Holiday Hours: Dec. 24 & 31 8am-1pm
Dec. 26 10am-6pm



Sycamore Golf Club

In Sycamore Community Park
940 E. State Street

Clubhouse, Pro Shop
Riverview Room, Caddyshack Grill

playgolfsycamore.com

Maintenance Building

In Citizens Memorial Sports Complex, 435 Airport Road

Executive Director & Marketing Office
Mon-Fri 8:30am-4:30pm

Maintenance Office: Mon-Fri 6am-2:30pm

Reston Ponds Park Now Open

The Reston Ponds neighborhood park is now open! Thank you to the neighbors who shared their input about the amenities and features that were important to them. We are thrilled to see families enjoying this new addition to Sycamore’s park system.

In July 2022 the Park District was awarded a \$240,300 Open Space Land Acquisition and Development Grant from the IDNR to help fund the Phase I amenities: playground, small loop trail, picnic shelter, soccer field, one pickleball court, a native landscaping buffer, parking lot, and educational signs. The site park plan includes additional amenities such as a second pickleball court, large loop trail, tennis court, basketball court, and a parking lot which will be phased in over the coming years. The park is located on the corner of Parkside Drive and Becker Place.



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SEE WHAT'S NEW

TURKEY SHOOTOUT

Page 6

Tuesday, November 12

Join us for a fun and exciting basketball shooting competition for kids aged 10-14!



ZUMBA

Page 22

Introducing a modified, low-impact class perfect for active, older adults seeking a Zumba® experience.

Check it out along with the other diverse group fitness offerings!



SPECIAL INTEREST YOUTH CLASSES

Pages 16-17

ART CLASSES Ages 6-17

HABITAT HOPPERS Ages 5-14





Fairway of Flavors

A Wine Pairing Experience

Friday, October 4 • 6:30-8:30pm
Register by September 30

Sycamore Golf Club • \$80 per ticket

Includes appetizers, soup/salad, entrée, and dessert expertly paired with Valley of the Moon wines.



Join local chef, Rudy Galindo, to indulge in an exquisite evening of culinary delights overlooking the beautiful Sycamore Golf Club.

Whether you're a wine connoisseur or a casual enthusiast, this unforgettable dining experience promises to tantalize your taste buds and elevate your senses.

Register at the Community Center or by calling 815-895-3365.

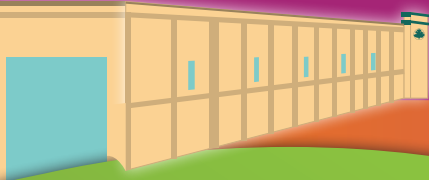
Pumpkin Rol'Down



Saturday, October 19 • 2-4pm
Northwestern Medicine Sled Hill

\$5 per pumpkin

Please register in advance by October 12 at the Community Center or by calling 815-895-3365.



All Ages | Roll a pumpkin down the sled hill to the prize grid below. All it takes is a little bit of luck and a whole lot of fun.

Also, try your luck at the balloon launch from the top of the hill. Kids activities in the gym sponsored by the Kiwanis Key Club.

Presented by Kiwanis Club of Sycamore.

Art IN THE PARK

FREE



Sunday, October 6 • 11am-3pm

Citizens Memorial Sports Complex

Experience the beauty of art amongst the wonder of nature!

Kids can interact with the artists as well through a scavenger hunt and activities. A variety of visual artists will have work on display and for sale.



PARK2PARK

PACE SETTERS

Wednesdays • 6pm
Sep 4-Nov 20

FREE

Great Western Trail Trailhead
Sycamore Forest Preserve,
955 E State Street, Sycamore

Walkers, Joggers, and Runners of all abilities are welcome - Drop in and join us!

Whether you are a walker looking for others to walk with, a walker looking to introduce jogging intervals, or a runner looking to incorporate a speed workout, we can't wait to meet you!

Group Meets are between 5:45pm and 6pm, and the workout starts at 6pm.



Join us for a fun and exciting basketball shooting competition for kids aged 10-14!

TURKEY SHOOT



Tuesday, November 12 • 5pm

Community Center Gym

RES \$10 | NR \$12 3041102-01

NEW!

This event is the perfect way for young basketball enthusiasts to showcase their skills and compete in a friendly environment.

Participants will have the chance to win prizes and enjoy a day filled with sportsmanship and excitement.

Registration Deadline: November 7

Winter Luminaries

COMMUNITY DISPLAY

FREE

Celebrate the warmth and joy of the season at the first Community Winter Luminary Display as we honor the rich tapestry of winter celebrations around the world and in our community.

Pick up a milk jug or decorate one from home and show us how you celebrate this special time of year.

Decorating Tips

Permanent markers, paint pens, and acrylic paint tend to adhere nicely to plastic.

Go 3-D! Feel free to glue items, fabric, or paper to your luminary.

You may cut designs in the jug, but please leave the base and spout intact. We will put sand in the bottom and bulb in each one as it is placed.

November 4-December 6

Free milk jugs available to pick up at the Community Center.

December 8

Final day to turn in your decorated luminary.

December 13-23

Luminaries will be on display at Legacy Campus for all to enjoy!



Cookies with Santa

FREE



Friday, December 13 • 4-7pm
Saturday, December 14 • 9am-12pm
Community Center

Help welcome Mr. and Mrs. Claus to the Community Center! Each child will get to visit with Mr. and Mrs. Claus, create a winter craft and enjoy cookies and hot chocolate provided by Sycamore Lions Club.

Participants are encouraged to bring a donation of a non-perishable food item for the Sycamore Food Pantry or an unwrapped toy to be donated to the DeKalb Toys for Tots.

Fire & Ice Festival

SAVE THE DATE

Saturday, January 18 • 1-4pm
Shake off those winter blues with a fun day for the whole family!
FREE Activities • \$10 Chili Tasting Ticket



CHILI CHEFS SIGN UP NOW!

Each cook receives a commemorative magnet and the joy of sharing their favorite chili with neighbors and friends!

A panel of judges will select a First, Second, and Third place winner. Other awards include People's Choice and Most Festive Table.

\$10 Entry Fee



*Where tradition meets nature
on every fairway.*

In Sycamore Community Park • 940 E. State St.

NEW! Putting Workshops

Your putter accounts for more strokes than any other club, so a small improvement on the greens makes a big difference in your score. In this workshop, golfers will review the basics of putting and learn to read the greens like a professional. Topics discussed include: aim, consistency, pace & speed, technique, and routine. Please bring your own putter and a few golf balls.

Ages 8-14 Tu Aug 20 5-5:55pm RES \$25 | NR \$30
Ages 15 & up Tu Aug 20 6-7pm RES \$25 | NR \$30



NEW! Chipping Workshops

Do you struggle to get up and down around the greens? This workshop will cover the aspects of short game including: chipping and bunker play. Several techniques and strategies will be discussed. Please bring your own clubs and golf balls.

Ages 8-14 Th Aug 22 5-5:55pm RES \$25 | NR \$30
Ages 15 & up Th Aug 22 6-7pm RES \$25 | NR \$30

Season Pass Rates	Resident	Nonresident
Adult Unlimited	\$660	\$830
Adult Weekday	\$500	\$660
Spouse/Partner* Unlimited	\$430	\$585
Spouse/Partner* Weekday	\$350	\$520
Senior Unlimited	\$600	\$775
Senior Weekday	\$440	\$600
Senior Three Day	\$310	\$435
Junior (16 - 21)	\$395	\$525
Junior (11 - 15)	\$275	\$395

Green Fees	Resident	Nonresident
Weekday 9 Holes before 5pm	\$17	\$19
Weekday 9 Holes after 5pm	\$14	\$14
Weekday 18 Holes before 2pm	\$29	\$32
Weekday 18 Holes after 2pm	\$26	\$28
Weekend 9 Holes before 5pm	\$19	\$21
Weekend 9 Holes after 5pm	\$14	\$14
Weekend 18 Holes before 5pm	\$32	\$35
Weekend 18 Holes after 5pm	\$28	\$28

Junior/Senior Green Fees	Resident	Nonresident
All Day 9 (Weekends after 1pm)	\$12	\$13
All Day 18 (Weekends of 1pm)	\$22	\$24

Cart Fees	Resident	Nonresident
Earlybird 9 before 9am Weekdays	\$8	\$8
Earlybird 18 before 9am Weekdays	\$14	\$14
9 Holes before 5pm	\$9	\$9
9 Holes after 5pm	\$7	\$7
18 Holes before 2pm	\$17	\$17
18 Holes after 2pm	\$14	\$14
Push Carts	\$3	\$3

* To receive the spouse/partner rate, both pass holders must reside in the same household.



Private Lessons

Paul Price, Superintendent of Golf Services

With a solid understanding of the fundamentals, Paul has experience instructing golfers of all ages. He believes that instruction should be unique to each golfer, but stresses the importance of a proper setup. Paul focuses on creating a positive learning experience using a variety of teaching techniques. "My goal is to create the most desirable results while inspiring confidence, so that each student can improve and enjoy the game of golf!"



Take 50% Off Season Passes

As busy summer schedules wind down, take more time for golf! Save now on a mid-season pass. To learn more, visit the Pro Shop.



Fairway of Flavors

A Wine Pairing Experience

Friday, October 4

Join local chef, Rudy Galindo, to indulge in an exquisite evening of culinary delights overlooking the beautiful Sycamore Golf Club.

Learn more on page 4.

Fall Events

6X6X6 Ryder Cup Format Tournament

Saturday, September 21

\$50* per two-person team includes prizes.

Entries Open: August 21

Ryder Cup Format Play

Holes 1-6: "Better Ball of Pairs" Each player plays their ball and the best score of each pair is recorded. **Holes 7-12:** Alternate Shot. Players alternate shots and alternate tees on each of the 6 holes. **Holes 13-18:** Basic scramble format. Each player tees off and the best shot is selected. This continues until the ball is holed.

Annual Pumpkin Scramble

Saturday, October 26

11am shotgun start

\$100* per 4-person team

Entries Open: September 28 | Entries Close: October 26 at 5pm or when the field fills.

Frozen Fingers Open

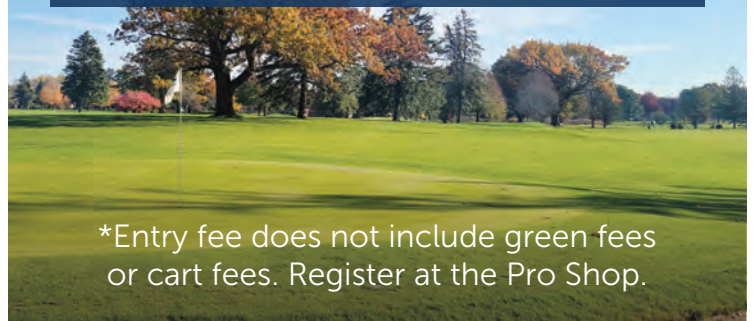
Saturday, November 16

\$50* per 2-person team

Entries Open: October 16

Entries Close: November 9

All odd holes are played as a two-person scramble and all even holes are played as an alternate shot. There are no handicap requirements for this event.



*Entry fee does not include green fees or cart fees. Register at the Pro Shop.



24/7 Membership Options • No Enrollment Fees

In Sycamore Park District Community Center
 Building Hours: Mon-Fri 6am-9pm | Sat 8am-6pm | Sun 10am-2pm

24-hr Access Memberships	Resident		24-HOUR ACCESS	FITNESS CENTER	TRACK	OPEN GYM	FITNESS STUDIO	GROUP FITNESS 5-VISIT PUNCH CARD	POPOP GROUP FITNESS CLASSES	DISCOUNT ON FITNESS CLASSES	Nonresident	
	Paid in Full	Annual Monthly									Paid in Full	Annual Monthly
Individual Member Age 18-61	\$312	\$29	●	●	●	●	●	●	●	50%	\$468	\$44
Additional Household Member	\$156	\$14	●	●	●	●	●	●	●	50%	\$234	\$21
Senior Individual Member Ages 62+	\$250	\$23	●	●	●	●	●	●	●	50%	\$374	\$35
Senior Additional Household Member	\$125	\$12	●	●	●	●	●	●	●	50%	\$187	\$18
3 Month Membership Ages 18+	\$98		●	●	●	●					\$147	
Track Only Membership Ages 18+	\$87		●		●						\$130	

Building-Hour Passes	Resident		24-HOUR ACCESS	FITNESS CENTER	TRACK	OPEN GYM	FITNESS STUDIO	GROUP FITNESS 5-VISIT PUNCH CARD	POPOP GROUP FITNESS CLASSES	DISCOUNT ON FITNESS CLASSES	Nonresident	
	Paid in Full	Annual Monthly									Paid in Full	Annual Monthly
Individual Age 14-61*	\$250	\$23		●	●	●	●		●	20%	\$374	\$35
Additional Household Member	\$125	\$12		●	●	●	●		●	20%	\$187	\$18
Senior Individual Ages 62+	\$200	\$19		●	●	●	●		●	20%	\$300	\$27
Senior Additional Household Member	\$100	\$10		●	●	●	●		●	20%	\$149	\$14
3 Month Pass Ages 14+*	\$79			●	●	●					\$119	
Track Only Pass Ages 10+	\$68				●						\$103	
Open Gym Only Pass All Ages	\$56					●					\$83	

Daily Admission	Paid in Full	Resident		24-HOUR ACCESS	FITNESS CENTER	TRACK	OPEN GYM	FITNESS STUDIO	GROUP FITNESS 5-VISIT PUNCH CARD	POPOP GROUP FITNESS CLASSES	DISCOUNT ON FITNESS CLASSES	Nonresident	
Pathway/Track 12-Visits Prepaid Card Ages 14+*		\$103			●	●	●						\$154
Open Gym 5-Visits Prepaid Card All Ages		\$21					●						\$34
Pathway/Track/Open Gym Daily Ages 14+*		\$12			●	●	●						\$17
Track Only Daily Ages 10+		\$5				●							\$7
Open Gym Daily All Ages		\$6					●						\$9

All 24/7 Members and Pass Holders may schedule a facility orientation with Park District staff before using the facilities. All Memberships and Passes are annual (1 year) and follow the Park District Refund policy. *Pass holders ages 14-15 must complete a teen orientation before utilizing services.



Fitness Center | 2,400 square feet of:

- State of the art cardio equipment with touch screen consoles offering TV, interactive courses, and app compatibility
- Premiere training equipment including dual selectorize machines, strength equipment and benches, free weights, and accessories

Walk While You Wait

Make the most out of your child's class time by working on your wellness. Tell the Service Desk what program you are there for and walk the track for the duration of the class for only \$2 (Regular daily admission RES \$5 | NR \$7). For programs held in the Community Center.

Track | Ages 10+ | Whether you're inspired by the natural area views out the windows or the lively energy from the gym below, this is the best place for a walk or jog, year-round. 10 laps to a mile.

Professional caregivers must present proof of employment at the Service Desk to waive the admittance fee.

Designated Stroller Hours: No jogging or running. Strollers must be single file and use the outer lane only. Children must remain properly secured in the stroller at all times. Stroller wheels must be clean, dry and not leave any marks on the track.

Wednesdays 12:30-2:30pm | Thursdays 10am-12pm



Open Gym | All Ages | Ages 9 and under must be accompanied by an individual age 16+. Both participants must pay the fee or show a pass. All participants 10 or older must show a State or School ID.

Fitness Studio | Ages 18+ | The Fitness Studio is available to annual Pathway Fitness Members and Pass Holders when the building is open and is not otherwise in use. Check in at the Service Desk and follow sanitizing guidelines.



Discounted Group Fitness Classes

Pathway Fitness 24-7 Members and Building Hour Pass Holders receive discounted group fitness program fees. See the list of qualifying classes on page 22.

BRIAN BEMIS FAMILY DOG PARK



On Legacy Campus • 480 Airport Road
Open Sunrise to Sunset

Membership Tags

Once a Year Membership (Jan-Dec) RES \$25 | NR \$35
Additional Dog(s) \$5 each

Tags may be renewed starting the last week of the year for the coming year.

How to Purchase Your Tag: Register at the Sycamore Park District Community Center. Our dog-friendly facility allows you to walk in with Fido and head straight to the park afterward! A photo of your dog is required with membership. Bring in your dog ready to smile! The following is required at the time of registration.

1. Proof of residency
2. A document from your veterinary office showing proof of up-to-date vaccines for Rabies, Distemper, and Bordetella. A Rabies tag number will not be accepted as proof of vaccination.
3. Photo of your dog - on your phone or bring your dog in to have their picture taken.

Daily Passes RES \$5 | NR \$10

Daily Passes can be purchased from the Community Center during building hours, with proof of required vaccines of Rabies, Distemper, and Bordetella.

When visiting the Park

Follow all posted Dog Park Rules including:

- Must be 10 years or older to enter the park.
- Keep your dog on leash until it is safely in the park and is acclimated to the other dogs.
- Membership Tags must be displayed on the dog's collar or with the member.

Get your exercise too!

The Sycamore Park District maintenance crew maintains a mowed path along the perimeter of the Brian Bemis Family Dog Park so you can stroll or get your fitness routine in while your pet plays. The path is approximately ¼ of a mile, so four times around is your mile work out!

SPLASH FOUNTAIN



On Legacy Campus • 480 Airport Road

Surrounded by native prairie landscapes, this zero-depth nature-themed water playground is a safe and fun oasis for all ages. Stay cool while interacting with each other and the wonderful world of water!

Hours Through Sep. 1

Mon-Fri*	10am-8pm
Sat	10am-6pm
Sun	10am-2pm

Admission

Daily admission is non-refundable. Ages 10 and under must be accompanied by an individual age 16+.

Daily Admission

Ages 11 Months & under	FREE
Ages 1+	RES \$4 NR \$6

15-visit Pre Paid Card Ages 1+ RES \$45 | NR \$75

Rentals

Add a splash of fun to your party or group outing!

Private Rentals

Saturdays 6-8pm | Sundays 2-8pm

\$75 per hour. 2-hour minimum rental.

*Group Visits

Splash Fountain will remain open to the public. Call ahead to schedule your group, 815-895-3365.

\$2 per person (Group size min 15/max 50)



Community Center Gymnasium

For information and fees, visit sycparks.org

Community Center

Contact Melissa: melissad@sycparks.org

From business meetings to celebrations and from team practice to athletic tournaments, this building can do it all! Additional services that you may add to your rental include extended hours, an activity leader, and the Splash Fountain splashpad.

Available Mon-Fri: 6am-9pm
 Sat: 8am-6pm (+\$25 per hour past 6pm)
 Sun: 10am-2pm (+\$25 per hour past 2pm)

Learn about youth birthday party packages on page 14.



Community Center Multipurpose Room C



Community Center Multipurpose Room AB

Splash Fountain Splashpad

Contact Melissa: melissad@sycparks.org

Add a splash of fun to your party or group outing.

Available May 25-September 1
 Mon-Fri: 12-8pm During Public Hours
 Sat: 6-8pm | Sun: 2-4pm Private Rental



Splash Fountain

Sycamore Golf Club Clubhouse & Riverview Room

Contact Melissa: melissad@sycparks.org

Located in the heart of the golf course, the Clubhouse's exquisite views and friendly service provide an intimate and relaxing setting for your event. Reservations may be made up to one year in advance.

- Full-service bar (no additional bartending fee)
- Delicious catering options from the Caddyshack Grill
- Outdoor patio seating

Clubhouse Available Mar, Apr & Oct: 2pm-12am
 May-Sep: 5pm-12am | Nov-Feb: 8am-12am

Riverview Room Available Mon-Sun: 8am-12am



Clubhouse



Riverview Room

Outdoor Shelters

Contact Tracy: tracyo@sycparks.org

The reservation fee ensures your group has exclusive use of the shelter from sunup to sundown. There are four shelters to choose from all with a unique atmosphere and in proximity to other park amenities. Additional services include an alcohol permit and additional picnic tables, port-a-potties, and dumpsters as needed.

Available April-October: Dawn to Dusk



Outdoor Shelters



BIRTHDAY PARTIES

Ages 3+ | Let the Park District help you make your little one's day as special as they are! We have the facility, supplies, and fun to throw an unforgettable party at a great price. All parties take place at the Community Center and include the party room and gym time.

Program leaders provide activities and supervision. Reservations must be made at least two weeks prior to the event date. Maximum 18 children.

To book your party, contact Melissa at melissad@sycparks.org or 815-895-3365 ext. 237.

Saturdays10am, 2pm, 4pm
Sundays.....10:30am, 12pm

90 Minute Party.....\$199*

- Choice of Theme: Ninjas, Princess, Construction, Pirate, Sports, Superhero

Splash Fountain: Treat your guests to water fun at Splash Fountain, located right outside the party room. Available Saturdays and Sundays, May-September.

*NERF®: 45 minutes of game time. Supplies included: vest, goggles, and Nerf® gun. Nerf® Parties are an additional \$30

- Setup and Cleanup
- Activities led by Park District staff
- Time allotted to open presents
- Extra time may be added at an additional cost.

Add 3 large one-topping pizzas\$60

Add a Cake.....\$30

NEW! Busy Bees

Ages 2.5-3.5

Kathleen Hahn

This class designed for children is buzzing with fun! Each week will bring a new theme and help children develop their small and large motor skills through stories, playtime, and music. Join this hive of excitement that is brimming with opportunities for growth and discovery!

F Sep 6-Oct 11 9-10am 3020801-01
F Nov 1-Dec 13 9-10am 3020801-02 No Class Nov 29
RES \$50 | NR \$60 Community Center MPR C

NEW! Little Learners

Ages 3.5-5

Kathleen Hahn

Little Learners is a dynamic class blending education with excitement through fun themed adventures. In this class, learning will meet laughter as we prepare young minds for their next big steps in schooling. Each week we will embark on a new adventure inspired by the current month or season. Little Learners is all about fostering essential social skills and laying the groundwork for future academic success!

F Sep 6-Oct 11 10:15-11:45am 3020701-01
F Nov 1-Dec 13 10:15-11:45am 3020701-02 No Class Nov 29
RES \$70 | NR \$80 Community Center MPR C



NEW! Holiday Throwback Bash Fun

Ages 5-12

Julie Sgarlata

Join us for Holiday Throwback Bashes at the Sycamore Park District! Designed for elementary-aged kids, these throwback parties will bring the spirit of the holidays alive on school-free days. Enjoy up to three hours of festive games, crafts, and activities inspired by the season. A snack will be included each day, so make sure to let us know of any allergy or dietary restrictions.

Mondays 9:30am-12:30pm
Oct 28 3030704-01 Dec 23 3030704-03
Nov 25 3030704-02
RES \$25 | NR \$35 Community Center MPR C

Intro to Dance

Ages 3-4 Sycamore Park District Staff

In this beginner level dance class, students will have the chance to learn terminology, placement of positions, coordination, and musical improv. Intro to Dance allows the dancers to be creative in their moves and to freely express themselves. Ballet shoes or bare feet recommended. Tap shoes will not be allowed. Parents will be asked to leave the room during class, except for the final class day, when the students will showcase their skills and very brief routine for family and friends on our final "Family Showcase Day."

Sa Sep 14-Oct 19 11-11:45am 3030406-01
 Sa Nov 9-Dec 21 11-11:45am 3030406-02 No Class 11/30
 RES \$48 | NR \$58 Community Center MPR B

Ballet / Jazz

Ages 5-7 Sycamore Park District Staff

In this introduction class, dancers will be exposed to the dance styles of Ballet and Jazz. Each week the students will learn new movements that correspond with the style of dance. Ballet shoes or bare feet recommended. Tap shoes will not be allowed. Parents will be asked to leave the room during class, except for the final class day, when the students will showcase their skills and very brief routine for family and friends on our final "Family Showcase Day."

Sa Sep 14-Oct 19 12-12:45pm 3030405-01
 Sa Nov 9-Dec 21 12-12:45pm 3030405-02 No Class 11/30
 RES \$48 | NR \$58 Community Center MPR B

Little Tumblers

Ages 4-6 Sycamore Park District Staff

Tumbling is a great way for kids to develop basic motor skills, coordination, strength, and social skills. This class allows our young, eager children to learn basic tumbling skills. Each class will focus on a variety of skills such as donkey kicks, handstands, forward rolls, and cartwheels along with fun obstacle courses. Kids will be required to be barefoot or in socks while on the tumbling mats.

Sa Sep 14-Oct 19 9-9:45am 3021101-01
 Sa Nov 9-Dec 21 9-9:45am 3021101-02 No Class 11/30
 RES \$48 | NR \$58 Community Center Gym

5 REGISTER
DAYS B4
CLASS BEGINS
BEAT THE CANCELATION BLUES!

Cheer & Poms

Ages 6-8 Sycamore Park District Staff

This class introduces the basics of team cheerleading and poms. Kids will explore the fundamentals of motion technique, jumps, voice, basic tumbling, and even stunts! Learning these elements will help kids gain effective body control and give them the understanding of how to complete a cheerleading routine in its entirety. Class includes a pair of pom poms to use during the session. Athletic shoes and clothes required for the class.

Sa Sep 14-Oct 19 10-10:45am 3030407-01
 Sa Nov 9-Dec 21 10-10:45am 3030407-02 No Class 11/30
 RES \$48 | NR \$58 Community Center Gym



Kajukenbo Karate

Ages 6+ Betty Polak

Born in Hawaii in 1947, Kajukenbo is America's first martial art. Kajukenbo is a hybrid art with elements of Karate, Judo, Kempo, and Kung Fu. The founding fathers of Kajukenbo pooled their knowledge of their respective arts and developed and tested their techniques through encounters in the most dangerous parts of Hawaii. Kajukenbo became known as "the fine art of dirty street fighting." In addition to teaching self-defense, the class has objectives of instilling confidence and promoting respect in the student for themselves and others. Instructor, Betty Polak, is a certified 6th degree black belt through the Kajukenbo Self Defense Institute.

M Sep 9-Oct 21 6-6:50pm 3050904-01
 M Sep 9-Oct 21 7-7:50pm 3050904-02
 W Sep 4-Oct 16 6:30-7:20pm 3050904-03
 M Nov 4-Dec 23 6-6:50pm 3050904-04 No Class 11/25
 M Nov 4-Dec 23 7-7:50pm 3050904-05 No Class 11/25
 W Oct 30-Dec 18 6:30-7:20pm 3050904-06 No Class 11/27

RES \$50 | NR \$60 Community Center Dance Studio

Mommy & Me Painting

Ages 5+ Jenni Rogman

Bond with your child through paint and canvas! Our instructor will help you and your child create beautiful works of art together. You will create two separate paintings that will be combined into one masterpiece to hang on the wall! Supplies will be provided. Fee covers BOTH participants.

Sa Oct 19 12:30-2:30pm 3030503-01
 Sa Dec 21 12:30-2:30pm 3030503-02

RES \$40 | NR \$50 Community Center MPR C

NEW! Artist Explorations

Ages 6-11 Jenni Rogman

Join our Artist Explorations class, where each week we delve into the world of a different artist. From Van Gogh's swirling brushstrokes to Picasso's cubist masterpieces, the children will immerse themselves in the techniques and styles of different renowned artists. Through hands-on projects inspired by each artist, the kids will unleash their creativity and develop their own artistic voice while exploring the rich history and tapestry of art.

Thursdays 4:30-6pm
 RES \$20 | NR \$30 Community Center MPR C

Sep 19 3030805-01 Oct 24 3030805-04
 Georgia O'Keefe & Large Rene Magritte & Surreal
 Floral Paintings Eye Drawings

Sep 26 3030805-02 Nov 14 3030805-05
 Wayne Thiebaud & Yayoi Kusama & Polka Dot
 Colorful Desserts Butterfly

Oct 10 3030805-03 Dec 12 3030805-06
 Romero Britto & Pop Art Marc Chagall & Winter
 Landscapes Dreamscapes

NEW! Artful Alchemy:

A Collision of Art, Math & Science

Ages 9-15 Jenni Rogman

Dive into the world of Artful Alchemy: Where art, math, and science collide. Explore the intersection of these disciplines as you discover the beauty of symmetry, patterns, and geometric shapes in art. Through hands-on projects, kids will experiment with color theory, explore the physics of light and color, and unlock the secrets of perspective drawing. Let your imagination soar as you merge artistic expressions with mathematical and scientific principles, creating stunning works of art that showcase the harmony between creativity and logic.

Th Sep 19-Oct 24 6:15-7:15pm 3040802-01
 Th Nov 7-Dec 19 6:15-7:15pm 3040802-02 No Class 11/28

RES \$65 | NR \$75 Community Center MPR C

NEW! Canvas Creations

Ages 10-17 Jenni Rogman

Unleash your inner artist in our Canvas Creations class, a fun-filled painting class sure to get your creativity and imagination going! In this two-hour class, you'll learn the basics of painting on canvas in a step-by-step format with our experienced instructor. Whether you're a novice or seasoned painter, this class offers a relaxing environment to express your creativity and create a beautiful masterpiece to take home.

Sa Sep 21 12:30-2:30pm 3040803-01
 Sa Nov 16 12:30-2:30pm 3040803-02

Res \$25 | NR \$35 Community Center MPR C



Homeschool

Ages 5-11 Sycamore Park District Staff

Give your homeschooled child additional opportunities to learn and let their energy out at the Sycamore Park District Community Center. Students will enjoy a mix of classroom education and gym playtime. The class may split into different groups dependent upon enrollments numbers and ages.

W Sep 11-Oct 16 1:30-3:30pm 3030804-01
 W Oct 30-Dec 11 1:30-3:30pm 3030804-02 No Class 11/27

RES \$85 | NR \$95 Community Center MPR C

\$10 Sibling discount

NEW! Habitat Hoppers

Ages 5-14

Kiara Rodriguez

With over 40 acres of natural areas managed by the Park District, there is a wide variety of ecosystems found scattered through Sycamore. Our Natural Areas Specialist, Kiara Rodriguez, will show you around some of the main types and give you some insight into how they work and what we do to take care of them! Wear closed-toe shoes and long pants. Parents are more than welcome to join in, but it is not required.

Saturdays RES \$3 | NR \$4

Prairie Ecosystems

Sep 7 Registration Deadline Sep 4
Meet at Old Mill Park, 50 Mr. Hunger Road

Illinois is nicknamed "The Prairie State" and there's a good reason why! Let's explore what makes a prairie special and some of the interesting things found in them.

Ages 5-10 9-9:45am 3030601-01
Ages 10-14 10-10:45am 3030601-02

Wetland Ecosystems

Sep 21 Registration Deadline Sep 18
Meet at Riverside Soccer Complex in the grass parking lot, 1515 Airport Road

Wetlands are a unique category of ecosystems. Let's dive into learning more about them and all the cool things they have. We might get a little muddy.

Ages 5-10 9-9:45am 3030601-03
Ages 10-14 10-10:45am 3030601-04



Woodland Ecosystems

Oct 5 Registration Deadline Oct 2
Meet at Merry Oaks Path, at the end of Merry Oaks Drive and park in the loop

When people think of "the woods" they picture large trees first. While they certainly play a big role, we shouldn't ignore some of the details. Come learn more about the small things and how they correlate with the big trees.

Ages 5-10 9-9:45am 3030601-05
Ages 10-14 10-10:45am 3030601-06

Management Practices

Oct 19 Registration Deadline Oct 16
Meet in Community Center, MPR A

It takes a lot of work to maintain the natural areas of the park. Let's look at some of the tools and practices we use and why it is so important to take care of these ecosystems.

Ages 5-10 9-9:45am 3030601-07
Ages 10-14 10-10:45am 3030601-08



Safe Sitter® Course

Grades 6-8 Melissa Doty

Safe Sitter® is designed to prepare students in grades 6-8 to be safe when they are home alone, watching younger siblings,

or babysitting. This class is filled with fun games and role-playing exercises.

Each participant will receive a Safe Sitter® handbook, information notepad, and Safe Sitter® mood-changing pencil. Please bring a soft-bodied baby doll for diaper changing practice, a snack, and a refillable water bottle.

Sa Nov 9 10am-3:30pm 3040801-01
Registration Deadline: Oct 30

RES \$100 | NR \$110 Community Center MPR A

Students Learn:

- How to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.
- Tips to manage behavior that will help them stay in control of themselves and the children in their care. Ages and stages of child development, as well as practice diapering.
- Choking rescue and CPR is often students' favorite part of the class. A system to help them assess and respond to injuries and illnesses.
- The ability to screen jobs, discuss fees, and greet employers.

All Star Sports Instruction

All Star Sports provides quality sports instruction to children of all ages in a fun, safe, and instructional manner. Coaches are trained through our own extensive coaching program, as well as being nationally certified. Coaching requires a great deal of responsibility, and we expect nothing but the best from our coaches. We want sports to be a positive experience for everyone involved. For more information, visit allstarsi.com.

If you are wondering if a class has moved indoors due to weather, please call the weather hotline.

Weather Hotline: 630-584-2961



Junior Programs are designed to keep everyone actively moving, thinking, and having fun! Drills are hidden in fun games and terminology that kids can understand. It's a positive and fun experience no matter what the sport is.

Skills Programs provide a fun and safe environment for children to flourish in their desired sport. Our goals are to ensure confidence, a positive attitude and to make sure participants get the most out of their experience. We welcome beginners and children who have played before; no matter what their ability we will make a difference for the better. We stress the importance of teamwork and working together through every aspect of the game. Most of all, we stress how important it is to have fun.

SESSION 1	Age	Day	Dates No Class Date	Time	Fee	Code	Location
Jr. Soccer	3-4	M	Aug-26-Oct 7 9/2	4-4:45pm	RES 75 NR \$85	3031001-01	Sled Hill
Jr. Soccer	5-6	M	Aug-26-Oct 7 9/2	4:45-5:45pm	RES 75 NR \$85	3031001-02	Sled Hill
Soccer Skills	7-9	M	Aug-26-Oct 7 9/2	5:45-6:45pm	RES 75 NR \$85	3031001-03	Sled Hill
Jr. Basketball	3-4	Tu	Aug 27-Oct 8	4-4:45pm	RES \$88 NR \$98	3031001-04	CC Gym
Jr. Basketball	5-6	Tu	Aug 27-Oct 8	4:45-5:45pm	RES \$88 NR \$98	3031001-05	CC Gym
Basketball Skills	7-9	Tu	Aug 27-Oct 8	5:45-6:45pm	RES \$88 NR \$98	3031001-06	CC Gym
Jr. Tball	3-4	W	Aug 28-Oct 9	4-4:45pm	RES \$88 NR \$98	3031001-07	Sled Hill
Jr. Tball	5-6	W	Aug 28-Oct 9	4:45-5:45pm	RES \$88 NR \$98	3031001-08	Sled Hill
Baseball/Softball Skills	7-9	W	Aug 28-Oct 9	5:45-6:45pm	RES \$88 NR \$98	3031001-09	Sled Hill
Jr. Parent Tot	2-3	Sa	Aug 24-Oct 12 8/31	9:30-10am	RES \$80 NR \$90	3031001-10	Sled Hill
Jr. Soccer	3-4	Sa	Aug 24-Oct 12 8/31	10-10:45am	RES \$88 NR \$98	3031001-11	Sled Hill
Jr. Soccer	5-6	Sa	Aug 24-Oct 12 8/31	10:45-11:45am	RES \$88 NR \$98	3031001-12	Sled Hill
Jr. Multi-Sports	4-6	Sa	Aug 24-Oct 12 8/31	11:45am-12:45pm	RES \$88 NR \$98	3031001-13	Sled Hill
SESSION 2	Age	Day	Dates No Class Date	Time	Fee	Code	Location
Jr. Soccer	3-4	M	Oct 21-Dec 9 11/25	4-4:45pm	RES \$88 NR \$98	3031002-01	Sled Hill
Jr. Soccer	5-6	M	Oct 21-Dec 9 11/25	4:45-5:45pm	RES \$88 NR \$98	3031002-02	Sled Hill
Soccer Skills	7-9	M	Oct 21-Dec 9 11/25	5:45-6:45pm	RES \$88 NR \$98	3031002-03	Sled Hill
Jr. Basketball	3-4	Tu	Oct 22-Dec 10 11/26	4-4:45pm	RES \$88 NR \$98	3031002-04	CC Gym
Jr. Basketball	5-6	Tu	Oct 22-Dec 10 11/26	4:45-5:45pm	RES \$88 NR \$98	3031002-05	CC Gym
Basketball Skills	7-9	Tu	Oct 22-Dec 10 11/26	5:45-6:45pm	RES \$88 NR \$98	3031002-06	CC Gym
Jr. Football	3-4	W	Oct 23-Dec 11 11/27	4-4:45pm	RES \$88 NR \$98	3031002-07	Sled Hill
Jr. Football	5-6	W	Oct 23-Dec 11 11/27	4:45-5:45pm	RES \$88 NR \$98	3031002-08	Sled Hill
Jr. Flag Football Skills	7-9	W	Oct 23-Dec 11 11/27	5:45-6:45pm	RES \$88 NR \$98	3031002-09	Sled Hill

Class Equipment List:

- Soccer: Water bottle & size 4 soccer ball.
- Shin guard and cleats are optional.
- Basketball: Water bottle & basketball.
- T-ball: Water bottle & glove. Bat is optional.
- Parent Tot/Multi Sport: Water bottle

5 REGISTER
DAYS B4
CLASS BEGINS
BEAT THE CANCELATION BLUES!

All Star Basketball League

This basketball league is dedicated to preparing players for future seasons by providing an instructional environment where the game can be paused to emphasize key aspects. Players will hone skills like ball handling, shooting, and passing, while also learning the significance of executing various offensive plays and countering attacks with diverse defensive strategies. Tailored to each age group, the plays and strategies are taught in a way that ensures easy comprehension, building confidence and promoting success on the court.

Saturdays, October 19-December 14
 RES \$105 | NR \$115 Community Center Gym
 NO CLASS 10/26 & 11/30

K-1st Grade	10-11am	3031002-10
2nd-3rd Grade	11:15-12:15pm	3031002-11
4th-5th Grade	12:15-1:15pm	3031002-12

3x3 Basketball Tournaments

Get ready for an action-packed day of fun, competition, and community spirit at our 3-on-3 Basketball Tournament! Whether you're a seasoned player or just love the game, this event is perfect for all skill levels. Gather your friends, form a team of up to 5 players, and show off your skills on the court. Don't miss out on the excitement so register today and be part of the All-Star Sports Instruction 3-on-3 Basketball Tournaments. See you on the court! 2 games Guaranteed!

Monday-Wednesday, November 25-27
 RES \$30 | NR \$40 Community Center Gym

Grades 6-8	5-6:30pm	3031002-16
Grades 9-12	7-8:30pm	3031002-17

All Star Sports Camps

Monday-Wednesday, November 25-27
 Ages 6-9

RES \$75 | NR \$85
 Community Center & Northwestern Medicine Sled Hill

Baseball/Softball Camp

10:30am-12pm 3031002-14

Our top-notch baseball trainers will cover the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching and catching. Speed and agility will be added to increase core strength & mobility for added bat speed, range in the field and linear speed for base running. In game strategies will be taught to increase each player's overall knowledge. Equipment: Please bring a water bottle and glove (may bring own bat)

Basketball Camp

9-10:30am 3031002-13

The All-Star Basketball trainers will focus on individual skills as well as team play. Each session will begin with speed and agility drills that will enhance each player's ability to get up and down the court quickly, generate rapid change of direction, and create an explosion to the basket. These sessions will cover ball handling, proper shooting technique, footwork, and defensive/offensive strategies. Small, sided competitions and game play will enable each player to focus and work on learned skills. Equipment: Please bring a water bottle

Multi-Sport Camp

1-2:30pm 3031002-15

This is for the all-around athlete or for a child who wants to take a shot at different sports! Stay active and work on balance, motor skills and hand eye coordination all while learning the rules of baseball, football, floor hockey, soccer, basketball and more! We will focus on a new sport each class and work on basic rules and mechanics all while we play games that keep everyone moving. There's no reason to pick a sport when you can play them all! Equipment: Water bottle, coach will provide more information on what is needed day 1.

Beginner Tennis Lessons

Ages 5-13 Join our four-week beginner tennis course and dive into the exciting world of tennis! This course is perfect for newcomers, offering a comprehensive introduction to the sport. You'll master essential skills like basic court positioning, ball bounce judgment, and space management. Each week, we'll focus on a new set of techniques, ensuring you build a solid foundation in every aspect of the game. Bring your own racket if you have one, or feel free to use a Park District racket. Get ready to have fun, stay active, and develop your tennis skills in a supportive and engaging environment!

CANCELED

Saturdays, September 7-28

Ages 5-7	9-9:45am	3031105-01
Ages 7-9	10-10:45am	3031105-02
Ages 9-11	11-11:45am	3031105-03
Ages 11-13	12-12:45pm	3031105-04

RES \$50 | NR \$60
 Community Park Tennis Courts

Pickleball Skills & Drills

Ages 13+ Brad Benson
RES \$75 | NR \$85 per session

Beginner Skills & Drills

Players with a 0-2.4 rating

This four-week group instruction is designed to introduce newer players to the fundamental skills and drills required for beginner-level pickleball. Each week will focus on new techniques and skill areas, including serves, return-of serves, forehands, backhands, volleys and more. Partner drills and wall drills will help create the muscle memory to develop consistency in basic pickleball shots such as serves, return of serves, groundstrokes, volleys, blocking, and overheads. Bring your own paddle or use equipment provided during class.

Community Center

Mondays	11am-12pm	5-6pm
Sep 9-30	3051104-01	3051104-02
Oct 7-28	3051104-07	3051104-08
Nov 4-25	3051104-13	3051104-14
Dec 2-23	3051104-19	3051104-20

Intermediate Skills & Drills

Players with a 2.5-3.4 rating

This four-week group instruction is designed to introduce intermediate-level players to the shots and strategies required for higher-level play. Each week will focus on new techniques and strategies, including dinking, drops, cuts/slices, blocks, resets, midcourt play, and more. Partner drills, wall drills, and situational drills that help create the muscle memory to develop consistency in intermediate level pickleball shots such as dinks, drops, lobs, speed ups, counter attacks, and resets.

Community Center

Mondays	12-1pm	6-7pm
Sep 9-30	3051104-03	3051104-04
Oct 7-28	3051104-09	3051104-10
Nov 4-25	3051104-15	3051104-16
Dec 2-23	3051104-21	3051104-22

Advanced Skills & Drills

Players with 3.5 rating and above

This four-week group instruction is designed to prepare players for advanced-level play, and will focus on advanced-level technique, strategies, positioning, and court coverage. Partner drills, wall drills, and situational drills that help create muscle memory to develop consistency in shots such as slices, cuts, misdirection shots, lob volleys, the "Erne", and ATPs. Instructional play with the instructor will also be used to provide feedback and guidance to the players.

Pickleball Connection

Mondays	9-10am	7:30-8:30pm
Sep 9-30	3051104-05	3051104-06
Oct 7-28	3051104-11	3051104-12
Nov 4-25	3051104-17	3051104-18
Dec 2-23	3051104-23	3051104-24

Private Pickleball Lessons

Pickleball Instructor Brad Benson will train you towards better skills and techniques to up your game as well as beginner basics! Call the Park District to set a time. Registration and payment are handled on-site at the time of the lesson. For questions call the Service Desk at 815-895-3365. Lessons will then be held at the Community Center Gym.

Private (One on One)	RES \$50 NR \$60
Semi-Private (2 people).....	RES \$35 NR \$45
Small Group (3+ people).....	RES \$30 NR \$40

Drop In Pickleball

Pickleball is one of the fastest-growing sports, and you can play it at the Sycamore Park District Community Center. Bring your own equipment or borrow some from the front desk. There are four lined Pickleball courts available during Open Gym times. You can pay a daily fee, buy a gym pass, or get a yearly membership. Guests are welcome. Note that court availability may be limited due to other gym users and Park District programs, especially during bad weather when programs move indoors. Outdoor courts available at West School and Reston Ponds Park.

Mon-Fri (up to 4 courts).....	8-11am
Mon, Wed, Fri (up to 4 courts)	1-3pm
Saturday (1 court).....	8-10am, 5-6pm
Sunday (up to 2 courts).....	12-2pm

Daily Open Gym Fee RES \$6 | NR \$9
Community Center Gym

Self-Defense Empowerment

Ages 16+ Jeremy Hays

Come join our beginner friendly 2-hour self-defense training seminar where NO Martial Arts experience is required. Self-defense training not only helps you protect yourself, but others too. Plus, training helps you become physically and emotionally fit. Having the ability to defend yourself increases your self-esteem and boosts your confidence. In this 2-hour course, we will discuss and practice the following:

- Situational awareness
- Practical Self-Defense Techniques
- Role playing exercises to increase reaction time

F Sep 20	5-7pm	3050916-01	
Sa Oct 19	2-4pm	3050916-02	
F Nov 15	5-7pm	3050916-03	
Sa Dec 14	2-4pm	3050916-04	

RES \$20 | NR \$30 Community Center Fitness Studio

Kajukenbo Karate

Ages 6+ Betty Polak

Born in Hawaii in 1947, Kajukenbo is America's first martial art. Kajukenbo is a hybrid art with elements of Karate, Judo, Kempo, and Kung Fu. The founding fathers of Kajukenbo pooled their knowledge of their respective arts and developed and tested their techniques through encounters in the most dangerous parts of Hawaii. Kajukenbo became known as "the fine art of dirty street fighting." In addition to teaching self-defense, the class has objectives of instilling confidence and promoting respect in the student for themselves and others. Instructor, Betty Polak, is a certified 6th degree black belt through the Kajukenbo Self Defense Institute.

M Sep 9-Oct 21	6-6:50pm	3050904-01	
M Sep 9-Oct 21	7-7:50pm	3050904-02	
W Sep 4-Oct 16	6:30-7:20pm	3050904-03	
M Nov 4-Dec 23	6-6:50pm	3050904-04	No Class 11/25
M Nov 4-Dec 23	7-7:50pm	3050904-05	No Class 11/25
W Oct 30-Dec 18	6:30-7:20pm	3050904-06	No Class 11/27

RES \$50 | NR \$60 Community Center Dance Studio

Wood Carving Club

Harold Overton

Whittle away and socialize with friends. The current small group of club members are available to share their techniques and tools if you are a newcomer. Stop in and whittle away with our Sycamore Club!

Second Monday of the Month 6:30-8pm.



Volleyball Leagues

Dive into the Excitement of Our Park District Volleyball Leagues!

Ages 18+ | Team Fee: \$375

Leagues: October 2-January 30, 6:15-10:15pm

Tournament: February 5-27

Women's Recreational..... Wednesdays

Coed Recreational..... Thursdays

Coed Competitive..... Thursdays

No Games: Oct 23, 24; Nov 27, 28; Dec 25, 26; Jan 1, 2

Registration Opens: Monday, August 5

Registration Deadline: Sunday, September 22

Teams play once a week for up to a 14-week season, followed by up to 4 weeks of a thrilling double-elimination tournament. Each league is capped at 8 teams, ensuring a high level of competition and organization.

League and tournament winners will receive cash prizes, adding extra excitement to the competition.

Don't miss this fantastic opportunity to engage in the sport you love, improve your skills, and connect with fellow volleyball enthusiasts. With a well-structured season, an exciting tournament, and the chance to win cash prizes, there's no better way to enjoy volleyball. Register today and prepare for an unforgettable season of spikes, serves, and fun!

Registration

Team registration must be completed in person by the team captain at the community center, with a minimum of 5 players per team. Registration forms are available at the community center front desk and accepted on a first-come, first-served basis until leagues are filled. The registration fee is \$375 per team, payable in full at the time of registration.

GROUP FITNESS CLASSES

Group Fitness Classes

Fee Per Session
RES \$56 | NR \$66

All group fitness classes take place in the Community Center. Classes are open to the public. A Pathway Fitness membership is not required to participate.



ENSURE YOUR CLASS RUNS

by registering at least 5 days in advance of the scheduled start date!

Drop-Ins

If a group fitness class is running and has not reached maximum participants, drop-ins will be available. Check availability and sign up at the Service Desk, 815-895-3365.

Daily Drop-in..... RES \$10 | NR \$15
5-visit Punch Card.....RES \$45 | NR \$55

Purchase a 5-visit punch card for use during a season and use it to participate in any class available for drop-ins.



**SYCAMORE
PARK DISTRICT**
Pathway Fitness

50% OFF 24/7 Pathway Fitness Members take 50% off

20% OFF Pathway Fitness Pass Holders take 20% off

Discount applies to programs on this page only. Learn more about Pathway Fitness on pages 11-12.

MONDAYS				
Fit Fusion	7-7:45am	Studio	Sep 9-Oct 21 Nov 4-Dec 16	3050910-01 3050910-02
NEW! Zumba®	11-11:50am	Studio	Sep 23-Nov 4	3050912-01
TUESDAYS				
TRX	6-6:45am	Studio	Sep 3-Oct 15 Oct 29-Dec 10	3050917-01 3050917-03
Balanced Body	9:30-10:30am	Studio	Sep 3-Oct 15 Oct 29-Dec 10	3050911-01 3050911-02
F.A.S.T.	5-6pm	Studio/ Track	Sep 3-Oct 15 Oct 29-Dec 10	3050920-01 3050920-02
Pilates/Core	5-5:50pm	MPR B	Sep 3-Oct 15 Oct 29-Dec 10	3050905-01 3050905-03
WOW	6-7pm	Studio	Sep 3-Oct 15 Oct 29-Dec 10	3050918-01 3050918-03
TUESDAYS & THURSDAYS			NO CLASS 11/28*	
Lunchtime Fitness	12-12:45pm	Studio	Sep 5-Sep 26 Oct 3-Oct 24 Oct 31-Nov 21 *Nov 26-Dec 19	3050921-01 3050921-02 3050921-03 3050921-04
WEDNESDAYS				
			NO CLASS 11/27*	
TRX Plus	6-6:45am	Studio	Sep 4-Oct 16 *Oct 30-Dec 18	3050913-01 3050913-02
Stretch & Flex Yoga	9-10am	Studio	Sep 4-Oct 16 *Oct 30-Dec 18	3050908-01 3050908-03
Gentle Yoga	10:15-11:15am	Studio	Sep 4-Oct 16 *Oct 30-Dec 18	3050903-01 3050903-03
Advanced Tai Chi	1:30-2:30pm	Studio	Sep 4-Oct 16 *Oct 30-Dec 18	3050924-01 3050924-02
Beginners Tai Chi	6:30-7:30pm	MPR B	Sep 4-Oct 16 *Oct 30-Dec 18	3050924-03 3050924-04
THURSDAYS			NO CLASS 10/31 & 11/28*	
TRX	6-6:45am	Studio	Sep 5-Oct 17 *Oct 24-Dec 19	3050917-02 3050917-04
Gentle Yoga	2:45-3:45pm	Studio	Sep 5-Oct 17 *Oct 24-Dec 19	3050903-02 3050903-04
Stretch & Flex Yoga	4-5pm	Studio	Sep 5-Oct 17 *Oct 24-Dec 19	3050908-02 3050908-04
F.I.R.M.	5-6pm	Pathway Fitness	Sep 5-Oct 17 *Oct 24-Dec 19	3050923-01 3050923-02
Pilates/Core	6-7pm	MPR B	Sep 5-Oct 17 *Oct 24-Dec 19	3050905-02 3050905-04
GluteXpress	6:30-7:30pm	Studio	Sep 5-Oct 17 *Oct 24-Dec 19	3050929-01 3050929-02
SATURDAYS			*NO CLASS 11/30	
WOW	9:30-10:30am	Studio	Sep 7-Oct 19 *Nov 2-Dec 21	3050918-02 3050918-04

Balanced Body

Ages 18+ Bev Schramer

Relax and be encouraged as you nourish your muscles, boost your energy, rejuvenate your core, and enhance your posture and balance with Pilates stretching and core exercise.

Beginner/Advanced Tai Chi

Ages 18+ Bev Schramer

Tai Chi for Health and Wellness is slow continuous whole-body movement in a form that promotes health and relaxation. It is Mind and Body moving together in harmony while enhancing strength, posture, agility, flexibility, and balance. Enhance your life with moving meditation through Sun (soon) style Tai Chi from the Tai Chi for Health Institute. Must have 14 weeks of Beginner Tai Chi classes or prior instructor approval to register for Advanced sessions.

F.A.S.T. (Fitness And Stability Toning)

Ages 18+ Laurie Gilbert

This class is appropriate for anyone who wants to work on strength, balance, and flexibility. Learn safe exercises and proper techniques with an array of different equipment. All fitness levels are welcome.

F.I.R.M. (Fitness In Rep Machines)

Ages 18+ Laurie Gilbert

This class is designed to target different muscle groups in one-minute increments. With body weight, dumbbells, and machines, you will get a full body workout each session. All fitness levels are welcome.

Fit Fusion

Ages 16+ Cori Trolinger

Join this invigorating group fitness class that seamlessly blends cardio and strength training elements. Participants will enjoy a dynamic workout that combines heart pumping cardio exercises with targeted strength-building routines. This class is designed to cater to all fitness levels. Fostering a sense of community and well-being as participants work towards achieving their fitness goals. Get ready to elevate your fitness journey with Fit Fusion!

Gentle Yoga

Ages 16+ Leah Richards

Gentle Yoga is designed to provide a nurturing and supportive practice for individuals of all levels, focusing on gentle movements, deep stretches, and relaxation. In this class, we prioritize creating a safe and welcoming environment where you can explore Yoga at your own pace. Our experienced instructor will guide you through a series of gentle and flowing movements that promote flexibility, mobility, and overall well-being.

GluteXpress

Ages 16+ Cori Trolinger

Dive into GluteXpress, the ultimate fitness class designed to sculpt and strengthen those glute muscles! This targeted workout focuses on toning and defining your glute muscles through a series of dynamic exercises. Whether you're aiming for a lifted look or improved functional strength, GluteXpress will deliver results in a fun and energetic group setting. Join us for a booty-burning experience that will leave you feeling empowered and confident!

Lunchtime Fitness

Ages 18+ Laurie Gilbert

Join our 45-minute Lunchtime Fitness class for a quick and energizing midday workout! Get ready to break a sweat, boost your energy levels, and recharge for the rest of the day. Our instructor will lead you through a fun and dynamic session that combines elements of cardio, strength training, and mobility exercises. Say goodbye to the midday slump and hello to a healthier, happier you! Classes 2x a week!

Pilates/Core

Ages 16+ Jessica Carls

This class takes some of the benefits of Yoga such as mindful breathing, increase in range of motion, and overall flexibility then fuses it with an emphasis on core training and overall body strengthening of Pilates to give your body a complete workout. Movements in this class can be adjusted for a wide range of people and fitness levels.

Stretch & Flex Yoga

Ages 16+ Leah Richards

Stretch and Flex Yoga is the perfect class for those looking to increase their range of motion and achieve a deeper stretch. In this class, we will guide you through a series of gentle and effective stretching exercises and Yoga poses that target tight muscles and joints. Whether you're a beginner or have been practicing for years, this class is suitable for all levels and abilities.

TRX

Ages 16+ Carrie Hallahan

TRX is an effective total body workout that builds strength, flexibility, balance, and mobility using your own body weight.

TRX Plus

Ages 16+ Cori Trolinger

This class is geared towards using the body weight resistance training style of the TRX straps PLUS HIIT (High-Intensity Interval Training) style exercises to give you a full body resistance and cardio workout. Great for all fitness levels.

WOW

Ages 16+ Jessica Carls/Morgan Taylor

Ladies, they say building muscle is essential to our wellness. Women on Weights (WOW) teaches you how to incorporate free weights into your workouts. Free weights help improve your posture, increase strength, and lose body mass. Be prepared for a positive mind and body transformation!

NEW! ZUMBA®

Ages 18+ Barbara Reynolds

A modified, low-impact class perfect for active, older adults seeking a Zumba® experience. This class recreates the beloved moves at a lower intensity. Featuring easy-to-follow moves emphasizing balance, range of motion, and coordination, participants leave feeling empowered and strong. Benefits include improved cardiovascular health, muscle conditioning, flexibility, and balance.



Kish Kids Outside

We care about the health and wellbeing of all children in our community. We want to be your source of inspiration and education to increase the opportunities for your children to engage and connect with nature.

Visit kishkidsoutside.org or use the QR code to learn about our...

GET OUTSIDE MAP

FAMILY CLUB

Sundays from 3-5pm
Sep 7 • Oct 6 • Nov 3 • Dec 1

**LOCAL NATURE-FOCUSED
EVENTS**

AFFILIATES & RESOURCES

**CHILDREN'S OUTDOOR
BILL OF RIGHTS**



Family Service Agency

Strengthening Individuals & Families

Sycamore Club 55

at Sycamore Park District
Community Center

815-758-8616

Activities Include:

- Walking on the Track
- Gentle Mat Stretch & Relax
- Card Games
- Educational Presentations
- Community Socialization

Mondays & Fridays

Walking Track Pass • 10-11am

Card Games • 11am-2pm

Pack a lunch and play some games!

Find more activities and special events on the monthly calendar at fsadekalbcounty.org or call 815-758-8616.



Kishwaukee Special Recreation Association

There is purpose to our play!

Kishwaukee Special Recreation Association programs are designed for all ages and all abilities:

Now offering programs at Sycamore Park District Community Center, including:

Walking Club

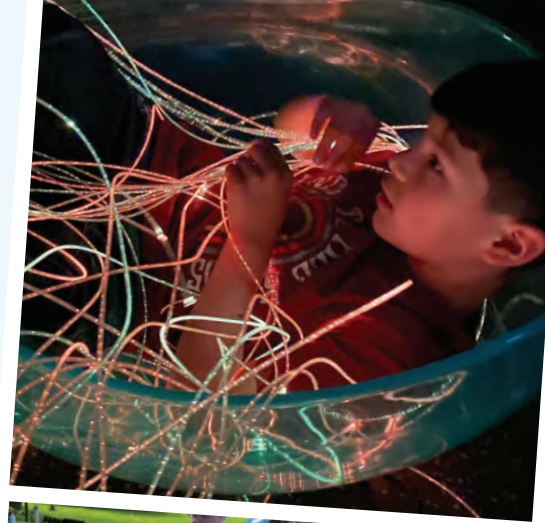
Social Nights • Fitness • Inclusion

One on One Skill Building

For details and a complete list of offerings, visit kishsra.org.

Member Districts:

DeKalb Park District • Flagg—Rochelle Park District
Genoa Township Park District • Sandwich Park District
Sycamore Park District



4th ANNUAL
5-K DONUT DASH FUN RUN
Saturday, October 5

A fundraiser for KSRA presented by the Kishwaukee Special Recreation Foundation, a 501c3

For more information, contact

Dawn Schaefer, MS, CTRS, Executive Director
DSchaefer@kishsra.org

779-777-7285 • 1403 Sycamore Road • DeKalb, Illinois 60115

Follow us on Facebook and Instagram

kishsra.org

Board of Commissioners



Bill Kroeger



Ben Doty



Denise Ackmann



Daryl Graves



Ted Strack

Bill Kroeger, Presidentwilliamk@sycparks.org

Ben Doty, Vice President bend@sycparks.org

Denise Ackmann..... denisea@sycparks.org

Daryl Graves..... darylgr@sycparks.org

Ted Strack teds@sycparks.org

Park Board Meetings

Meetings are held the fourth Tuesday of each month at 6pm in the Sycamore Golf Club Clubhouse, 940 E. State Street, unless otherwise noted at sycparks.org. The public is invited to attend.

New Certifications for Staff

Park District staff are continually seeking new skill-building and educational opportunities to bring the best and latest in parks and recreation to our community. Most recently, the following staff have completed national certifications with the National Park and Recreation Association in conjunction with the American Academy for Parks and Recreation.

Jonelle Bailey, Executive Director
Certified Park and Recreation Executive

Lisa Metcalf, Superintendent of Recreation Services
Will Turner, Recreation Supervisor
Sarah Rex, Marketing & Outreach Coordinator
Certified Park and Recreation Professionals

Mission
Connecting Sycamore to wellness, nature and each other.

Vision
To enhance the Sycamore community through wellness, recreation and greenspace, the Board and Staff take a responsive and inclusive approach to service, community relationships, and sustaining the Sycamore Park District legacy.

AT SYCAMORE PARK DISTRICT
WE VALUE



The Sycamore Park District is an equal opportunity provider and employer.

Complete details of program policies, procedures and guidelines are sometimes omitted from the program brochures because of space limitations. Also, errors in days, times, registration requirements and fees may occur. We apologize for any errors that may appear in this brochure. We thank you for your patience when these situations arise.



Administration Staff

Jonelle Bailey

Executive Director, CPRE, MAOL
815-770-2091 jonelleb@sycparks.org

Jeff Donahoe

Supt. of Parks & Facility Services
CPO, CPSI, GCSAA
815-770-5397 jeffd@sycparks.org

Jeanette Freeman

Office Manager
815-315-4259 jeanettef@sycparks.org

Jackie Hienbuecher

Supt. of Finance & Business Services
CPA, CPRP
815-314-0975 jackieh@sycparks.org

Lisa Metcalf

Supt. of Recreation Services
CTRS, CPRP
815-770-5267 lisam@sycparks.org

Paul Price

Superintendent of Golf Services
USGTF Golf Teaching Professional
815-770-2097 paulp@sycparks.org

Sarah Rex

Marketing & Outreach
Coordinator, CPRP
815-770-5378 sarahr@sycparks.org

Recreation Staff

Melissa Dobberstein

Events, Food & Beverage
Coordinator, CPP
815-348-9038
melissad@sycparks.org

Jerry Dobson

Park District Buildings Custodian
815-516-5088 jerryd@sycparks.org

Missy Faivre

Food and Beverage Assistant

Chris Hoblit

Recreation Supervisor, CPP
815-669-4172 chrish@sycparks.org

Tracy Oczkowski

Customer Service Specialist
815-895-3365 tracyo@sycparks.org

Will Turner

Recreation Supervisor, CPRP
815-770-2668 willt@sycparks.org

CPA..... Certified Public Accountant
CPO Certified Pool Operator
CPP Certified Program Planner
CPRE Certified Park & Recreation Executive
CPRP Certified Park & Recreation Professional
CPSI..... Certified Playground Safety Inspector
CTRS Certified Therapeutic Recreation Specialist
GCSAA... Golf Course Superintendents Association of America
MAOL..... Master's in Organizational Leadership
USGTF ... United States Golf Teachers Federation

Maintenance Staff

Conner Leach

Fleet Mechanic, CPO
815-770-5488 connerl@sycparks.org

Kiara Rodriguez

Natural Areas Specialist
815-770-5827 kiarar@sycparks.org

Steve Tritt

Assistant Superintendent
for Golf Course, GCSAA
815-770-5480 stevet@sycparks.org

Tyler Burke.....Sport Maintenance

Josh ChesserGolf Maintenance

Aric ColemanGolf Maintenance

Brent Horn.....Park Maintenance

Bonnie Phonparsit Sport Maintenance

Jeremy SnowPark Maintenance

Golf Staff

Donald Carlson

Pro Shop Manager
donaldc@sycparks.org

PARK AMENITIES & ADDRESSES

Park Amenities ● = Amenity meets ADA Accessibility Requirements	Baseball Back Stop	Basketball Courts	Beanbag Toss Goals	Biking	Cross-Country Skiing	Disc Golf Course	Exercise Stations	Fishing	Fishing Pier	Ladder Ball Game	Mowed Open Area	Native Restoration	Outdoor Table Tennis	Pickleball Court	Picnic Tables	Play Structures	Restrooms	River Overlook	Sand Play Area	Shelters	Soccer Goals	Swings	Tennis Courts	Walking/Hiking Path	Wooded Area	
	Boynton Park Play Equipment: Ages 5-12											●				●	●						●		●	
Brothers Park Play Equipment: Ages 5-12	●	●									●				●	●				●		●				1800 Willow St.
Charley Laing Memorial Park Play Equipment: Ages 5-12																●		●	●	●						325 S. Main St.
Chief Black Partridge Park								●																●	●	2112 Frantum Rd.
Citizens Memorial Sports Complex Good Tymes Shelter Lions Shelter Play Equipment: Ages 2-12	●		●	●	●	●		●		●	●		●		●	●	●		●	●		●		●		435 Airport Rd.
Dr. John Ovitz Park Play Equipment: Ages 2-12											●				●	●				●				●		Constitution & Heron Creek Dr.
Elmer & Stanley Larson Park											●				●											1501 John St.
Emil Cassier Park											●													●		500 Olin H. Smith Dr.
Founders Park Play Equipment: Ages 2-12				●							●				●	●				●		●		●		500 Heron Creek Dr.
Kiwanis East Park Play Equipment: Ages 5-12	●			●							●				●	●	●					●		●		555 Borden Ave.
Kiwanis Prairie Park Play Equipment: Ages 2-12	●	●		●							●				●	●	●		●	●	●	●	●	●	●	800 Borden Ave.
Legacy Campus Community Center Brian Bemis Family Dog Park Splash Fountain Splashpad Northwestern Medicine Sled Hill First National Bank Amphitheater											●	●			●											480 Airport Rd.
Leon D. Larson Park Play Equipment: Ages 2-12				●	●						●	●			●	●		●		●				●	●	1212 Larson St.
Merry Oaks Path				●	●			●																●	●	Off Merry Oaks Dr.
Old Mill Park Play Equipment: Ages 5-12				●	●		●	●			●	●			●	●	●		●		●		●			50 Mt. Hunger Rd.
Parkside Preserve				●	●			●			●	●												●		1212 Freedom Cir.
Reston Ponds Park Play Equipment: Ages 2-12														●												
Riverside Soccer Complex											●										●					1515 Airport Rd.
Sycamore Community Park Sycamore Golf Club WPA Main Shelter Main South Shelter Play Equipment: Ages 5-12	●	●		●	●			●			●				●	●	●			●		●	●	●		940 East State St.
Sycamore Lake Rotary Park Play Equipment: Ages 2-12				●	●			●	●						●	●	●			●		●		●	●	400 N. Cross St.
Wetzel Park Play Equipment: Ages 5-12	●	●	●	●							●				●	●	●		●	●	●	●	●	●		212 Rowantree Dr.

Refund Policy: Rentals and Shelters

Cancellations must be made 30 days in advance in order to receive a 100 percent refund. Less than 30 days, no refunds will be given. Refunds are given on picnic shelters if park staff closes the area.

Check Cashing

Personal checks will be accepted in payment of membership, player, and program fees only. Checks returned for any reason will be assessed a \$20 returned check fee. All returned checks not paid within 5 days are referred to the State's Attorney for legal action. Park District privileges will be revoked, until restitution is made.

ADA Statement

The Sycamore Park District will not discriminate against any eligible participant on the basis of a disabling condition. We invite any participant with a special need to contact our staff so that a smooth inclusion may occur. We provide additional services for people with disabilities through the Kishwaukee Special Recreation Association. For more information, call 815-758-6663.

Residency Definition

The Sycamore Park District is an independent unit of local government as is the City of Sycamore, Sycamore schools, Sycamore Township and Sycamore Library District. All have different corporate boundaries which define a resident and non-resident.

A Sycamore mailing address does not guarantee you are a resident of the Park District. If you are uncertain whether you are a resident of the District (i.e., eligible to register for programs and facilities at resident rates), please first check your property tax bill or Voter's Registration Card.

Local businesses that pay taxes to the Park District can register to offer their nonresident employees a resident rate.

For more information, contact the administrative office at 815-895-3365 Monday-Friday 8:30am-4:30pm.

Resident Fee

The resident fee (RES) applies to anyone living within the Park District boundaries. People who live outside the boundaries pay the nonresident (NR) fee listed in the program descriptions.

COVID-19

Sycamore Park District follows all current COVID-19 State and local guidelines

Financial Assistance Scholarship Program

The Sycamore Park District believes that all Sycamore residents should have the opportunity to participate in recreation programs. The Financial Assistance Scholarship Program provides full or partial payment of the program registration fee for residents with financial hardships or temporary difficulties.

To Request a scholarship, complete the form available at the Community Center, 480 Airport Road, along with requested documentation of need. Applications will be individually reviewed by the Superintendent of Finance. Applicants will be notified of a decision within two weeks of submissions.

General Conduct Policy

Participants are expected to exhibit appropriate behavior at all times. To make programs safe and enjoyable for everyone, the Sycamore Park District has developed these guidelines:

- Show respect to all participants
- Refrain from using foul language
- Refrain from causing bodily harm to yourself and others
- Refrain from damaging equipment, supplies and facilities

The Park District reserves the right to dismiss a participant for infraction of the conduct policy. Each situation will be evaluated on its own merit.

Photography/Social Media Policy

Please be aware that by registering for a program or class, participating in an activity, attending an event, or using District facilities or property, you authorize the District to use photos and video footage for promotional purposes in District publications, advertising, marketing materials, brochures, event flyers, social media (including Facebook, YouTube, Instagram, and other social media sites operated by the District), and the District's website without additional prior notice or permission and without any compensation to you. All photos and videos are property of the District.

Photos and video of participants in programs or special events and users of District facilities or parks are used in publicizing and promoting the District. Staff does not use any identification in marketing materials. Please tell an instructor or the photographer if you do not want to be photographed or videotaped.

Lost and Found

If possible, staff will try to track down the owner of the lost item within 48 hours of finding it. All items will be kept for a minimum of 3 months. After three months the District may donate unclaimed items to a charitable resale organization in our community.

Where Item was Lost	Facility Taken to
Parks or Legacy Campus...	Community Center
Golf Course & Community Park.....	Pro Shop
Sports Complex	Maintenance Shop



PROGRAM REGISTRATION FORM

Mail or Drop off to: Program Registration
Sycamore Park District
480 Airport Road | Sycamore, IL 60178

HOUSEHOLD INFORMATION

PRIMARY HOUSEHOLD MEMBER _____

ADDRESS _____ PHONE: work | cell | home _____

CITY _____ STATE _____ ZIP CODE _____

EMAIL _____ DATE OF BIRTH _____

If you do not have an account already, you will now have a household account in the Park District's registration system as well as access to online registration at sycparks.org. To add additional members to your household and for more information, call 815-895-3365.

SPECIAL ASSISTANCE: If anyone in your household needs special assistance to participate in the program(s) you are registering for, please list their name and the accommodations needed.



NAME: _____

ACCOMMODATIONS: _____

REGISTRATION

Participant's Name	Date of Birth	Class Code	Program Name	Fee
	___/___/___			\$
	___/___/___			\$
	___/___/___			\$
	___/___/___			\$
	___/___/___			\$
OFFICE USE: CASH CC CHECK # _____ STAFF: _____			DATE IN RECTRAC: _____	TOTAL FEE \$ _____

IMPORTANT INFORMATION The Sycamore Park District is committed to conducting its recreation programs and activities in the safest manner possible in the highest possible regards. Participants and person registering their child in programs must recognize however that there is an inherent risk of injury when choosing to participate in recreation activities. The Sycamore Park District continually strives to reduce risks and insists that all participants follow safety rules and instructions which have been designed to protect the participant's safety. **WAIVER AND RELEASE OF ALL CLAIMS** Please read this form carefully and be aware when registering yourself, your child, child/ward for participation in the above program(s) you will in waiving and releasing all claims for injuries you or your minor might sustain arising out of above program(s). I recognize and acknowledge that there are certain risks of physical injury program(s), and I agree to assume the full risk of any injuries (including death), damages, or loss, regardless of severity, which I or my minor child/ward, arising out of, connected with, or in any way associated with the activities of the program(s). I do hereby fully release and discharge the District and its officers, agents, servants and employees from any and all claims resulting from injuries, damages, and losses sustained by me or my minor child/ward arising out of, connected with, or in any associated with the activities of the above program(s). I further agree to indemnify and hold harmless and defend the District and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages and losses sustained by me or my minor child/ward arising out of, connected with, or in any way associated with the activities of the above program(s). **PERMISSION TO SECURE TREATMENT** In the event of any emergency, I authorize District officials to secure from any licensed hospital, physician, and/or personnel any treatment deemed necessary for my minor child/ward's immediate care and agree that I will be responsible or payment of any and all medical services rendered. I have read and fully understand the above program details, Waiver and Release of All Claims, and Permission to Secure Treatment. **PHOTOS/SOCIAL MEDIA** Please be aware that by registering for a program or class, participating in an activity, attending an event, or using District facilities or property, you authorize the District to use these photos and video footage for promotional purposes in District publications, advertising, marketing materials, brochures, event flyers, social media (including Facebook, YouTube, Instagram, and other social media sites operated by the District), and the District's website without additional prior notice or permission and without any compensation to you. All photos and videos are property of the District.

PARENT/GUARDIAN SIGNATURE _____

DATE _____

Online Registration at sycparks.org

For instructions on how to setup a new account and/or register online, visit sycparks.org

Mail Registration

Download and print a registration form at sycparks.org/registration or use the one on page 30.

Make check payable to: Sycamore Park District

Submit form and payment to:

Program Registration, Sycamore Park District
480 Airport Road
Sycamore, IL 60178

Registration Policies

- Advance registration is required for all programs.
- Registration will not be taken at program sites.
- Aquatics and golf programs may have special dates and procedures.

The Park District reserves the right to cancel, postpone or combine classes or change instructors. If insufficient enrollment causes a class to be canceled, notification and refund will be given.

Advance Registration

Advanced registration is required for all programs. Late Registration may not be prorated.

Program Capacity

All programs have minimum and maximum enrollments. If the minimum enrollment is not met one week prior to the program date, the Park District may have to cancel, postpone or consolidate the program with another program. If the program is canceled by the Park District, a full refund will be issued.

Avoid Cancellation

Most classes need a set minimum number of participants to be able to run them. Please register at least a week before the start date.

If the program registration does not meet the minimum established requirement, it will be canceled one week prior to the start of the activity. A Park District Service Specialist will contact you in the event the program is canceled.

Wait List

Once the maximum enrollment is met for a program, a waiting list may be formed. No payment is required at time of placement on a program waitlist. A Park District Service Specialist will contact you should a space become available in the program. Full payment will be due upon accommodation into the program prior to participation.

Program Transfer & Refund Request

Transfers will be granted in the following cases:

The transfer is requested no later than one week prior to the start of the program.

There is space available in the program into which the registrant requests to be transferred.

A refund request/cancellation form must be filled out and turned in no later than one week prior to the start of the program.

Refunds or household credits are not given for classes missed/forgotten or for changes in personal schedules by the participant.

After a program/event has started, a refund may be issued for medical or other circumstances (relocation, death in the family) as approved by the Superintendent of Recreation. Proof will be required in writing prior to the refund being issued. The refund will be prorated for the services used.

Trips:

Full refunds may be issued if your spot can be filled.

Partial refunds will be granted if your spot cannot be filled (if trip tickets have been purchased, you are responsible for the cost of admission and transportation, if your spot cannot be filled.)

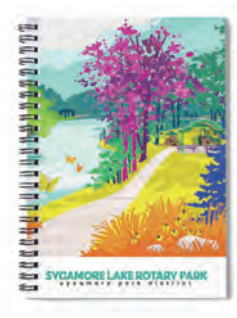
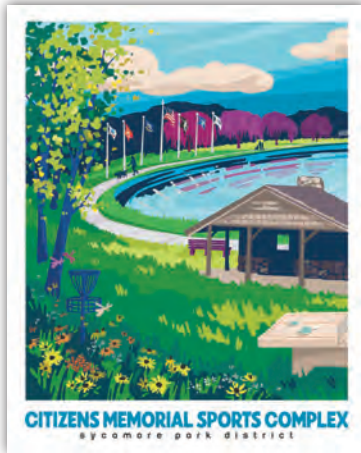
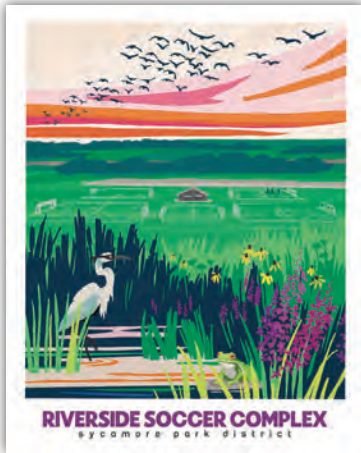
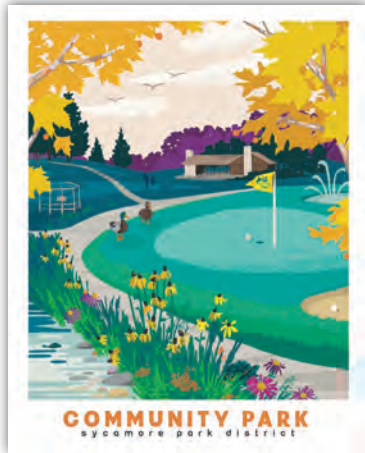
In the event program is canceled by the Park District, a refund will be made to all registrants.

The Park District reserves the right to review and make the final decision on all refunds.



**SYCAMORE
PARK DISTRICT**

Sycamore Park District Posters



Wall Decor

Lifestyles

Apparel

Stationary

...and more! On sale now at sycamoreparks.pixels.com



Use the QR Code to view all items and purchase online.
Proceeds Support the Sycamore Parks Foundation